



Advanced 3: May 26 - June 1, 2022
At the Dusk of Life

Biodynamic principles at the end of life



In this third module we will look at how the biodynamic principles support individuals and their families in the last stages of life, through terminal illness and in the final transition towards death.

Contents

Cultivating the inner state of the practitioner
Working with the feeling states that arise
Exploring how to be with the departing person
Accessing the forces of health, in the most difficult circumstances
Specific issues related to old age
Relating to those who stay here
Supporting transitions
Building on pre-existing competences of Advanced 1 and 2.

Biodynamics is based on the recognition of the forces of life expressed through matter.

It is about understanding and cooperating with the natural laws, to support harmony within the whole, allowing health to orchestrate the functions of the body.

Pain and suffering are part of the human condition. In our practice we are challenged to maintain orientation towards health and the inherent intelligence of the body even in those painful circumstances, in which hope gives way to awareness of the end.

When we are confronted with the great challenges of life, such as degenerative or terminal illnesses, senility and old age or the inevitable transition to death, we are confronted with the impermanence of the body. These are the situations in which Biodynamics truly shines.

The biodynamic practitioner uses the hands to connect with the inherent health and to reestablish the wholeness of the person. When we come to wholeness, we heal.

A person can have a terminal illness and achieve healing. They can realize a state of harmony and full connection with Health, even though their body is wasting away towards death.

Is it conceivable that a person is dying as a whole in harmony, peaceful and beautiful, rather than in pieces and suffering?

In this course we will pay attention to one of the most important transitions, death.

To connect with the ever-present health, allows us to experience states of stillness and presence that connect us to divine forces, reminding us that each individual is much more than just the body.